International Student Orientation Schedule – Fall 2016

International Student Orientation is a 5-day event designed to help you transition to your life at Appalachian and in the U.S. You will spend the days with other new international students and Appalachian students learning about all the things you need to know to make sure your time here is both successful and enjoyable. **All sessions are mandatory unless noted in the schedule. No exceptions will be made.** Please take a moment to familiarize yourself with the schedule. Note: the location PSU is the Plemmons Student Union on campus. We look forward to welcoming you to Appalachian and helping you succeed academically and personally during your time here.

**Meals During Orientation**

The Office of Student Development will provide 11 free meals for all new students between Monday, August 8 and Friday, August 12. You will be given a Gold Card with money, which will be used to pay for your meals during orientation at Sanford Commons in the Roess Dining Hall. **This card can only be used at the Roess Dining Hall and only during orientation.** After Friday the 12th you will need to use your meal card or cash to pay for meals. The Roess Dining Hall will be open from 7:00 AM to 8:30 AM; 11:00 AM – 1:30 PM; and 4:30 PM - 6:15 P.M. each day during orientation.

**Arrival: Sunday, August 7 – Arrival in Charlotte, NC**

Representatives from Appalachian will be at Charlotte Douglas International Airport (CLT) from 9:30 A.M. to 11 P.M. to meet you and go with you to the hotel. Look for a sign with “Appalachian State University” and your name on it when you arrive.

**Important:** Make sure you have reserved a room at the Best Western Sterling Plus Hotel and Suites prior to your arrival. When you make the reservation tell them you are part of the Appalachian State University group to receive a discounted rate. Spend the day resting and getting to know other new international students and current Appalachian students. There will be multiple trips to local restaurants throughout the day organized by INTAPP.
Day 1: Monday, August 8 – Travel to Boone, NC

7:00 A.M. – 8:00 AM Breakfast (provided for free at the hotel)  Location: Best Western Hotel
8:00 A.M. – 8:30 AM Check out of the hotel  Location: Best Western Hotel

Important: Make sure that your bags are packed and ready to be loaded onto the bus.

8:30 A.M. Bus departs the hotel for Boone.
11:00 A.M. Arrive at Appalachian. Check-in to your residence hall.  Location: Various Locations
12:30 P.M. – 2:00 PM Welcome Lunch and Reception  Location: Parkway Ballroom (PSU 420)
2:00 P.M. – 3:30 PM Campus Tour, App Card and activities w/ INTAPP  Leave from Parkway
3:30 P.M. – 4:30 PM Borrowed Item Donation  Location: Parkway Ballroom (PSU 420)
4:30 P.M. – 6:00 PM Trip to Walmart for Supplies  Location: Locust Street Circle

Travel to Walmart with local volunteers to get everything you might need for your first night in your residence hall.

IMPORTANT: Please make sure you know what items you received from the borrowed item donation program and from your kitchen box provided by INTAPP before going to Walmart.

4:30 PM – 6:15 PM Dinner (optional)  Location: Roess Dining Hall

You can choose to have dinner in the Dining Hall with your meal card.

7:00 PM Dinner – Restaurant Hops with INTAPP (optional)  Leave from Locust Street Circle

INTAPP members will be organizing groups to eat at a variety of restaurants on King Street in downtown Boone. Please meet at the Locust Street Circle at 7:00 pm and you will walk to the restaurants together. Please note that your meal card will not work off campus.

Day 2: Tuesday, August 9

IMPORTANT: You must bring your passport and I-20 or DS-2019 and all of your health and immunization records with you today.

7:30 A.M. – 8:30 A.M. Breakfast  Location: Roess Dining Hall
8:45 A.M. – 9:00 A.M. Check In/Collect Passports and I-20s/DS-2019s  Location: Linville Falls (PSU 226)

Make sure that you turn in your passport and I-20 or DS-2019 when you check in to the Resource Fair in Linville Falls. You will be escorted to Health Services at the appropriate time from there. Bring all your medical and immunization documents.

9:00 A.M. – 12:00 P.M. Campus and Community Resource Fair  Location: Linville Falls (PSU 226)

This is your opportunity to speak to representatives from support services and resources from across campus and the community that will be beneficial to you.

9:00 A.M. – 12:00 P.M. Health Services  Location: Health Services

Meet with representatives from the M.S. Shook Student Health Services to review your health and immunization records to make sure you are in compliance. They will also be available to answer any questions you might have about health insurance and your general health and wellness during your time at Appalachian. Groups A, B, C, D will go to Health
Services at 9:00 AM and return to the Resource Fair in Linville Falls when finished.

Groups E, F, G, H will stay at the Resource Fair first at 9 AM and then to Health Services at 10:15 AM.

12:00 P.M. – 1:00 P.M. Lunch Roess Dining Hall

1:00 P.M. – 2:00 P.M. F-1 Visa Regulations Session – Staying in Status Beacon Heights (PSU 417)
1:00 P.M. – 2:00 P.M. J-1 Visa Regulations Session – Staying in Status Linville Falls (PSU 226)

Learn about everything you need to know and do to ensure that you stay in legal status as a J-1 or F-1 student. Your passports and I-20s or DS-2019s will be returned at this time.

2:00 P.M. – 2:30 P.M. Get Involved! Linville Falls (PSU 226)

Learn about all of the ways you can share your culture and learn about U.S. culture at Appalachian.

2:30 P.M. – 2:45 P.M. Break and Walk to Library Leave from Linville Falls (PSU 226)

2:45 P.M. – 4:15 P.M. Library Tour and Information Session Belk Library 114

4:30 P.M. – 5:45 P.M. Tea Time with INTAPP (optional) Beacon Heights (PSU 417)
4:30 P.M. – 6:15 P.M. Dinner (optional) Roess Dining Hall

6:00 P.M. – 7:30 P.M. International Friendship Program Potluck LLC Great Hall

This event is open to students who wish to participate in the International Friendship Program. You will meet your International Friendship Program Local Friends and get to know them while eating food prepared by the families.

Day 3: Wednesday, August 10

8:00 A.M. – 9:00 A.M. Breakfast Roess Dinning Hall

9:00 A.M. – 10:15 P.M. Team Trivia: College Classroom Survival 101 Linville Falls (226 PSU)

Team up with your new friends for a game of trivia! Test your knowledge and learn what to expect in a U.S. classroom - winning team will get prizes. Hear tips and advice for academic success from an Appalachian State University professor.

10:15 A.M. – 10:30 A.M. Coffee Break

10:30 A.M. – 11:15 A.M. Essential Technology with ITS & INTAPP Linville Falls (PSU 226)

11:15 A.M. – 12:15 P.M. Course registration information for exchange students Linville Falls (PSU 226)

12:15 P.M. – 1:30 P.M. Lunch Roess Dining Hall

1:30 P.M. – 3:30 P.M. U.S. Culture in and Out of the Classroom Reich College of Ed 124

In this fun and interactive session you will learn about many of the elements of U.S. culture that might be different than yours and develop skills and techniques that will help you thrive in your new culture.

3:30 – 5:30 P.M. Free Time! Wherever you want!

7:00 P.M. – 9:00 P.M. Sports night with INTAPP (optional) Quinn Rec Center

Come have fun, participate in athletic events, and see all of the facilities available to students.
Day 4: Thursday, August 11 – Degree-seeking Undergraduates only

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>8:00 A.M. – 9:00 A.M.</td>
<td>Breakfast</td>
<td>Roess Dining Hall</td>
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<tr>
<td>9:00 A.M. – 9:45 A.M.</td>
<td>Registration and Check-in</td>
<td>Schaefer Center</td>
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<tr>
<td>9:00 A.M. – 5:00 P.M.</td>
<td>New student orientation</td>
<td>Schaefer Center and Various Locations</td>
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<tr>
<td>6:30 P.M. – 9:00 P.M.</td>
<td>App-Z Welcome</td>
<td>Sanford Mall</td>
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Join us for the App-Z Welcome to connect with students of different backgrounds while you take away an App-Z of opportunities. Featuring a Popcorn Bar, Tie-Dye T-Shirts, Photo booth, DJ & more!

**IMPORTANT:** This schedule is only for undergraduate students who are here to receive a degree from Appalachian State University. If you are a graduate student or an exchange student please refer to your specific schedule.

Day 4: Thursday August 11 – Exchange Students

<table>
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<tr>
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<tr>
<td>10:30 A.M. – 12:30 P.M.</td>
<td>Registration help at OIED (Optional)</td>
<td>Bass Lake (PSU 321)</td>
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Representatives from International Education and Development will be available to help you with your course schedule and answer your questions on a walk-in basis. This is only for students who have questions or concerns about their course schedule.

2:00 P.M. – 3:45 P.M. The Appalachian Way

*The Appalachian Way focuses on academic integrity, campus involvement, community, and what it really means to be an Appalachian student.*

6:30 P.M. – 9:00 P.M. App-Z Welcome

Join us for the App-Z Welcome to connect with students of different backgrounds while you take away an App-Z of opportunities. Featuring a Popcorn Bar, Tie-Dye T-Shirts, Photo booth, DJ & more!

**IMPORTANT:** This schedule is only for students who are visiting Appalachian as exchange students. During your free time please feel free to familiarize yourself with campus and the community.

Day 4: Thursday, August 11 – Graduate Students

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<tbody>
<tr>
<td>2:00 P.M. – 3:45 P.M.</td>
<td>The Appalachian Way (optional)</td>
<td>PSU</td>
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*The Appalachian Way focuses on academic integrity, campus involvement, community, and what it really means to be an Appalachian student.*
Day 4: Thursday, August 11 – Graduate Students (continued)

6:30 P.M. – 9:00 P.M.  App-Z Welcome

Join us for the App-Z Welcome to connect with students of different backgrounds while you take away an App-Z of opportunities. Featuring a Popcorn Bar, Tie-Dye T-Shirts, Photo booth, DJ & more!

There are no required events planned for graduate students on this day. Please use the day to relax and become more familiar with campus and the community if you do not wish to attend the optional events. Also, this would be a good time to take care of any logistical matters you need to attend to (phone, bank account, etc.)

Day 5: Friday, August 12 – Degree-seeking Undergraduate

8:00 A.M. – 8:45 A.M. Breakfast
8:45 A.M. – 2:30 P.M. New Student Orientation
3:00 P.M. iPals Trip to Walmart/Boone Mall for Cell Phones/Banking (optional)

Important: This schedule is only for undergraduate students who are here to receive a degree from Appalachian State University. If you are a graduate student or an exchange student please refer to your specific schedule.

Day 5: Friday, August 12 – Exchange Students

There are no required events planned for exchange students on this day. Please use the day to relax and become more familiar with campus and the community. Also, this would be a good time to take care of any logistical matters you need to attend to (phone, bank account, etc.)

3:00 P.M. iPals Trip to Walmart/Boone Mall for Cell Phones/Banking (optional)

Day 5: Friday, August 12 - MBA Students only

10:00 A.M. – 2:00 P.M. MBA Orientation
3:00 P.M. iPals Trip to Walmart/Boone Mall for Cell Phones/Banking (optional)

Day 5: Friday, August 12 – Graduate Students

There are no required events planned for graduate students on this day, unless you are in the MBA program. If you are in the MBA program, see above. Please use the day to relax and become more familiar with campus and the community. Also, this would be a good time to take care of any logistical matters you need to attend to (phone, bank account, etc.)

3:00 P.M. iPals Trip to Walmart/Boone Mall for Cell Phones/Banking (optional)