



International Student Orientation Schedule – Fall 2018

International Student Orientation is a 5-day event designed to help you transition to your life at Appalachian and in the U.S. You will spend the days with other new international students and Appalachian students learning about all the things you need to know to make sure your time here is both successful and enjoyable. **All sessions are mandatory unless noted in the schedule**. **No exceptions will be made.** Please take a moment to familiarize yourself with the schedule. Note: the location PSU is the Plemmons Student Union on campus and COE is the Reich College of Education. We look forward to welcoming you to Appalachian and helping you succeed academically and personally during your time here.

Meals During Orientation

The Office of Student Development will provide 11 free meals for all new students between Monday, August 13 and Friday, August 17. You will be given a yellow card with money, which will be used to pay for your meals during orientation at Sanford Commons in the Roess Dining Hall. **This card can only be used at the Roess Dining Hall and only during orientation.** After Friday, August 17 you will need to use your AppCard or cash to pay for meals. The Roess Dining Hall will be open from 7:00 AM to 7:15 PM each day during orientation.

Arrival: Sunday, August 12 - Arrival in Charlotte, NC

Representatives from Appalachian will be at Charlotte Douglas International Airport (CLT) from 9:00 AM to 11:00 PM to meet you and go with you to the hotel. Look for a sign with "Appalachian State University" and your name on it when you arrive.

Important: Make sure you have reserved a room at the Best Western Sterling Plus Hotel and Suites prior to your arrival. When you make the reservation tell them you are part of the Appalachian State University group to receive a discounted rate. Spend the day resting and getting to know other new international students and current Appalachian students. There will be trips to local restaurants throughout the day organized by INTAPP.

Day 1: Monday, August 13 – Travel to Boone, NC

Location

7:00 A.M. – 8:00 AM Breakfast (provided for free at the hotel)

Best Western Hotel

8:00 A.M. – **8:30 AM** Check out of the hotel

Best Western Hotel

Important: Make sure that your bags are packed and ready to be loaded onto the bus.

8:30 AM Bus departs the hotel for Boone.

11:00 AM Arrive at Appalachian. Check-in to your residence hall.

Various Locations

12:00 PM – 2:00 PM Welcome Lunch and Reception

Solarium (PSU 118)

2:00 PM – 3:30 PM Campus Tour, App Card and activities w/ INTAPP

Leave from Solarium

3:30 PM – 4:30 PM Borrowed Item Donation

Blue Ridge Ballroom (PSU 201)

4:30 PM – 6:00 PM Trip to Walmart for Supplies

Locust Street Circle

Travel to Walmart with local volunteers to get everything you might need for your first night in your residence hall. **IMPORTANT:** Please make sure you know what items you received from the borrowed item donation program before going to Walmart.

6:15 PM – 7:15 PM Dinner (optional)

Roess Dining Hall

You can choose to have dinner in the Dining Hall with your meal card. Remember that the dining hall closes at 7:15 PM.

7:00 PM Dinner – Restaurant Hops with INTAPP (optional)

Leave from Locust Street Circle

INTAPP members will be organizing groups to eat at a variety of restaurants on King Street in downtown Boone. Please meet at the Locust Street Circle at 7:00 PM and you will walk to the restaurants together. Please note that your meal card will not work off campus.

Day 2: Tuesday, August 14

IMPORTANT: You must bring your passport and I-20 or DS-2019 and all of your health and immunization records with you today.

Location

7:30 AM - 8:30 AM Breakfast

Roess Dining Hall

8:30 AM – 8:45 AM Check In/Morning Announcements

Gordon Gathering Hall (COE 124)

8:45 AM – 11:45 AM Appalnet/ISSSO Portal Training

Computer Lab (COE)

You will turn in your passport and I-20 or DS-2019 during this session.

Group A will go to Health Services at 8:45 AM and return to the Computer Lab in COE at 10:15 AM. Group B will stay in the COE first and then go to Health Services at 10:15 AM.

8:45 AM – **11:45 AM** Health Services

Health Services

Meet with representatives from the M.S. Shook Student Health Services to review your health and immunization records to make sure you are in compliance. They will also be available to answer any questions you have about health insurance and your general health/wellness during your time at ASU.

9:00 AM – **12:00 PM** INTAPP Icebreaker Activity and Coffee Break Gordon Gathering Hall (COE 124) Students who complete the check-in and training in the computer lab can socialize with INTAPP. 12:00 P.M. - 1:00 P.M. Lunch

Roess Dining Hall

1:00 PM – 2:30 PM Campus/Community Resource Fair

Gordon Gathering Hall (COE 124)

This is your opportunity to speak to representatives from support services and resources from across campus and the community that will be beneficial to you.

2:30 PM - 3:00 PM Coffee Break

Gordon Gathering Hall (COE 124)

3:00 PM – 4:00 PM F-1 Visa Regulations Session – Staying in Status

COE 232

3:00 PM – 4:00 PM J-1 Visa Regulations Session – Staying in Status

Gordon Gathering Hall (COE 124)

Learn about everything you need to know and do to ensure that you stay in legal status as a *J-1* or *F-1* student. Your passports and *I-20s* or DS-2019s will be returned at this time.

4:00 PM – 4:30 PM Get Involved!

Gordon Gathering Hall (COE 124)

Learn about all of the ways you can share your culture and learn about U.S. culture at Appalachian.

5:00 PM – **7:00 PM** The IN*TAPP Room* (optional)

The Tapp Room

Relax, play pool, and get to know members of INTAPP. Sodas and some snacks provided. Please have fun but remember that it is not legal to drink alcohol in the U.S. if you are under 21 years old.

6:00 – **7:15 PM** Dinner (on your own or with INTAPP)

Roess Dining Hall

You can choose to have dinner in the Dining Hall with your meal card or at Tapp Room with INTAPP.

Day 3: Wednesday, August 15

Location

8:00 AM – 8:45 AM Breakfast

Roess Dinning Hall

9:00 AM – 10:00 AM Course registration information

Gordon Gathering Hall (COE 124)

This session is required for J-1 exchange students and optional for F-1 students.

10:00 AM – 10:30 AM Break

Gordon Gathering Hall (COE 124)

10:30 AM – 11:45 AM Team Trivia: College Classroom Survival 101 Gordon Gathering Hall (COE 124)

Team up with new friends for a game of trivia! Test your knowledge and learn what to expect in a U.S.

classroom - winning team will get prizes. Hear advice for academic success from an ASU professor.

12:00 PM - 1:00 PM Lunch

Roess Dining Hall

1:00 PM – 2:00 PM "The Appalachian Way" Student Conduct Session Gordon Gathering Hall (COE 124)

Learn how to stay safe avoid potentially serious consequences of misconduct during your time at ASU.

2:00 PM – 3:00 PM Library Tour and Information Session

Belk Library

A light snack will be provided after the tour. Be sure to come back to the COE by 3:15.

3:15 PM – 5:00 PM U.S. Culture in and Out of the Classroom

Gordon Gathering Hall (COE 124)

In this fun and interactive session you will learn about many of the elements of U.S. culture that might be different than yours and develop skills and techniques that will help you thrive in your new culture.

6:00 - 7:15 PM Dinner

Roess Dining Hall

6:00 PM – 9:00 PM Sports night with INTAPP (optional)

Ouinn Center

Come have fun, participate in athletic events, and see all of the facilities available to students.

NOTE: International Orientation ends on August 15. The rest of the schedule contains important events related to regular orientation and other beginning of the semester activities. Please attend the ones that are relevant for you.

You will most likely have more free time on Thursday and/or Friday than you did earlier in the week. Please use this time to relax and become more familiar with campus and the community. Also, this would be a good time to take care of any logistical matters you need to attend to (phone, bank account, etc.).

Day 4: Thursday, August 16

Location

8:00 AM – **9:00 AM** Breakfast (EVERYONE)

Roess Dining Hall

9:00 AM – 5:30 PM New Student Orientation (FOR UNDERGRADS ONLY)

Schaefer Center

IMPORTANT: This is only for degree seeking undergraduate students who have not already attended Orientation. Do not go if you are an exchange or graduate student or if you already attended in June.

10:00 AM – 12:00 PM Phone/Banking assistance (OPTIONAL)

Various locations

Volunteers will take students interested in setting up bank accounts or phones to local banks or phone companies. Please note that you must sign up for this ahead of time.

6:30 PM – 9:00 PM App-Z Welcome (EVERYONE)

Sanford Mall

Join us for the App-Z Welcome to connect with students and get familiar with Appalachian campus. Featuring a Popcorn Bar, Tie-Dye T-Shirts, Photo booth, DJ & more!

Day 5: Friday, August 17

8:00 AM – 9:00 AM Breakfast (EVERYONE)

Roess Dining Hall

8:30 AM – 2:30 PM New Student Orientation (FOR UNDERGRADS ONLY)

Various Locations

IMPORTANT: This is only for degree seeking undergraduate students who have not already attended Orientation. Do not go if you are an exchange or graduate student or if you already attended in June.

10:00 AM – 12:00 PM Phone/Banking assistance (OPTIONAL)

Various locations

Volunteers will take students interested in setting up bank accounts or phones to local banks or phone companies. Please note that you must sign up for this ahead of time.

1:00 PM – 3:00 PM Registration Help (EXCHANGE STUDENTS ONLY/OPTIONAL) OIED (PSU 319)

Representatives from the Office of International Education and Development will be available to help you with your course schedule and answer your questions on a walk-in basis. This is only for exchange students who have questions or concerns about their course schedule.

8:00 PM – 9:00 PM Residence Hall Floor Meeting (ONLY FOR STUDENTS LIVING ON CAMPUS)

Learn about your residence hall and meet the other students who live on your floor. This is required for students who live in an on-campus residence hall. Your RA (resident advisor) will give you the location.

Sunday, August 19 – everyone!

2:00 PM - 6:00 PM Club Expo

Holmes Convocation Center

Come learn about all the ways you can get involved on campus and in the Boone Community. There will be hundreds of student organizations represented. We highly recommend joining clubs that interest you and Club Expo is the place to start!

Tuesday, August 21 – everyone!

6:00 PM – 7:30 PM International Friendship Family Potluck

Parkway Ballroom (PSU 420)

This event is open to students who wish to participate in the International Friendship Program. You will meet your International Friendship Program Local Friends and get to know them while eating food prepared by the families.

Wednesday, August 22 – everyone!

5:00 PM - 6:00 PM Outdoor Programs session

Linn Cove (PSU 413)

Do you want to explore the outdoors this semester? Come to this session if you are interested in mountains, rivers, hiking, rock climbing, kayaking, rafting, biking, caving, or any other outdoor adventure. This is the session about all the Outdoor Programs that Appalachian has to offer.

WELCOME WEEKEND ACTIVITIES

Friday, August 17 to Tuesday, August 21 – everyone!

These are campus wide social activities that all of you are welcome and encouraged to attend. Please see the **WELCOME TO APP 2018** schedule in your folder for a complete list of events. Highlights include dance parties, a midnight pancake breakfast, a movie night, lots of food and prizes, and much more. This is a great way to get to know Appalachian before classes start. Go have fun!