International Student Orientation Schedule – Fall 2019

International Student Orientation is a 5-day event designed to help you transition to your life at Appalachian and in the U.S. You will spend the days with other new international students and Appalachian students learning about all the things you need to know to make sure your time here is both successful and enjoyable. **All sessions are mandatory unless noted in the schedule. No exceptions will be made.** Please take a moment to familiarize yourself with the schedule. Note: the location PSU is the Plemmons Student Union on campus and COE is the Reich College of Education. We look forward to welcoming you to Appalachian and helping you succeed academically and personally during your time here.

**Meals During Orientation**

The Office of Student Development will provide 11 free meals for all new students between Monday, August 12 and Friday, August 16. You will be given an orange card with money, which will be used to pay for your meals during orientation at Sanford Commons in the Roess Dining Hall. **This card can only be used at the Roess Dining Hall and only during orientation.** After Friday, August 16 you will need to use your AppCard or cash to pay for meals. The Roess Dining Hall will be open from 7:00 AM to 6:30 PM each day during orientation.

**Arrival: Sunday, August 11 – Arrival in Charlotte, NC**

Representatives from Appalachian will be at Charlotte Douglas International Airport (CLT) from 9:00 AM to 11:00 PM to meet you and go with you to the hotel. Look for a sign with “Appalachian State University” and your name on it when you arrive.

**Important:** Make sure you have reserved a room at the Best Western Sterling Plus Hotel and Suites prior to your arrival. When you make the reservation tell them you are part of the Appalachian State University group to receive a discounted rate. Spend the day resting and getting to know other new international students and current Appalachian students. There will be trips to local restaurants throughout the day organized by INTAPP.
**Day 1: Monday, August 12 – Travel to Boone, NC**

**7:00 A.M. – 8:00 AM** Breakfast (provided for free at the hotel)  
Location: Best Western Hotel

**7:30 A.M. – 8:00 AM** Check out of the hotel  
Location: Best Western Hotel

**Important:** Make sure that your bags are packed and ready to be loaded onto the bus.

**8:00 AM** Bus departs the hotel for Boone.

**10:30 AM** Arrive at Appalachian, get your AppCard, check-in to your residence hall

**12:30 PM – 2:30 PM** Welcome Lunch and Reception

**2:30 PM – 3:15 PM** Student Union tour and activities w/ INTAPP

**3:15 PM – 4:30 PM** Borrowed Item Donation

**4:30 PM – 6:00 PM** Trip to Walmart for Supplies

**6:00 PM** Dinner (optional)

**7:00 PM** Dinner – Restaurant Hops with INTAPP (optional)

**Day 2: Tuesday, August 13**

**Important:** You must bring your passport and I-20 or DS-2019 and all of your health and immunization records with you today.

**7:30 AM – 8:30 AM** Breakfast

**8:30 AM – 8:45 AM** Check In/Morning Announcements

**8:45 AM – 11:45 AM** Appalnet/ISSSO Portal Training

**6:00 PM** Dinner (optional)

**7:00 PM** Dinner – Restaurant Hops with INTAPP (optional)
Group A will go to Health Services at 8:45 AM and return to the Computer Lab in COE at 10:15 AM. Group B will stay in the COE first and then go to Health Services at 10:15 AM.

8:45 AM – 11:45 AM  Health Services

Representatives from the Student Health Services office will review your health and immunization records to make sure you are in compliance. They will also be available to answer any questions you have about health insurance and your general health/wellness during your time at ASU.

12:00 P.M. – 1:00 P.M. Lunch  Roess Dining Hall

1:00 PM – 2:30 PM  Campus/Community Resource Fair  Gordon Gathering Hall (COE 124)

This is your opportunity to speak to representatives from support services and resources from across campus and the community that will be beneficial to you. Ask a lot of questions!

2:30 PM – 3:00 PM  Coffee Break  Gordon Gathering Hall (COE 124)

3:00 PM – 4:00 PM  F-1 Visa Regulations Session – Staying in Status  COE 124

3:00 PM – 4:00 PM  J-1 Visa Regulations Session – Staying in Status  Gordon Gathering Hall (COE 124)

Learn about everything you need to know and do to ensure that you stay in legal status as a J-1 or F-1 student. Your passports and I-20s or DS-2019s will be returned at this time.

4:00 PM – 4:30 PM  Get Involved!  Gordon Gathering Hall (COE 124)

Learn about all of the ways you can share your culture and learn about U.S. culture at Appalachian.

4:30 PM – 5:15 PM  Class finding tour of campus  Leave from COE 124

Bring your class schedules and your campus maps! INTAPP will give you a short campus tour and point out where your classes will be held starting next week.

5:30 – 6:30 PM  Dinner  Roess Dining Hall

You can choose to have dinner in the Dining Hall with your meal card. Remember that the dining hall closes early.

Day 3: Wednesday, August 14

8:00 AM – 8:45 AM  Breakfast  Roess Dining Hall

9:00 AM – 10:00 AM  Course registration information  Belk Library 114

This session is required for J-1 exchange students and optional for F-1 students.

10:00 AM – 10:15 AM  Break

10:15 AM – 11:15 AM  Library Tour and Information Session  Belk Library 114
11:15 AM – 12:00 PM “The Appalachian Way” Student Conduct Session

Learn how to stay safe and avoid potentially serious consequences of misconduct.

12:00 PM – 1:00 PM Lunch

Roess Dining Hall

1:00 PM – 2:15 PM Team Trivia: College Classroom Survival 101

Team up with new friends for a game of trivia! Test your knowledge and learn what to expect in a U.S. classroom. Prizes for the winning team. Hear advice for academic success from a professor.

2:15 PM – 2:30 PM Break

2:30 PM – 4:00 PM U.S. Culture in and Out of the Classroom

In this fun interactive session you will learn many elements of U.S. culture that might be different than yours and develop skills and techniques that will help you thrive in your new culture.

6:00 – 9:00 PM Dinner

Roess Dining Hall

NOTE: International Orientation officially ends on August 14. The rest of the schedule contains important events related to regular orientation and other beginning of the semester activities. Please attend the ones that are relevant for you.

Exchange students will have more free time on Thursday and/or Friday than earlier in the week. Please use this time to relax and become more familiar with campus and the community. Also, this would be a good time to take care of any logistical matters you need to attend to (phone, bank account, etc.).

Day 4: Thursday, August 15

8:00 AM – 9:00 AM Breakfast (EVERYONE)

Roess Dining Hall

9:30 AM – 5:30 PM New Student Orientation (FOR UNDERGRADS ONLY)

Schaefer Center

IMPORTANT: This is only for degree seeking undergraduates who have not already attended Orientation. Do not go if you are an exchange or graduate student or if you already attended in June.

12:30 PM – 2:30 PM Phone/Banking assistance (OPTIONAL)

Peacock Circle

Volunteers will take students interested in setting up bank accounts or phones to local banks or phone companies. Please note that you must sign up for this ahead of time.

6:00 PM – 9:00 PM App-Z Welcome (EVERYONE)

Sanford Mall
Join us for the App-Z Welcome to connect with students and get familiar with Appalachian campus. Featuring a slide, photo booth, free food, a DJ & more!

Day 5: Friday, August 16

8:00 AM – 9:00 AM Breakfast (EVERYONE) Roess Dining Hall
8:30 AM – 2:30 PM New Student Orientation (FOR UNDERGRADS ONLY) Various Locations

  IMPORTANT: This is only for degree seeking undergraduates who have not already attended Orientation. Do not go if you are an exchange or graduate student or if you already attended in June.

12:00 PM – 2:00 PM Phone/Banking assistance (OPTIONAL) Peacock Circle

  Volunteers will take students interested in setting up bank accounts or phones to local banks or phone companies. Please note that you must sign up for this ahead of time.

1:00 PM – 3:00 PM Registration Help (EXCHANGE STUDENTS ONLY/OPTIONAL) OIED (PSU 319)

  Representatives from the Office of International Education and Development will be available to help you with your course schedule and answer your questions on a walk-in basis. This is only for exchange students who have questions or concerns about their course schedule.

8:00 PM – 9:00 PM Residence Hall Floor Meeting (ONLY FOR STUDENTS LIVING ON CAMPUS)

  Learn about your residence hall and meet the other students who live on your floor. This is required for students who live in an on-campus residence hall. Your RA (resident advisor) will give you the location.

Saturday, August 17

2:00 PM – 5:00 PM The Big Sale (EVERYONE) Legends

  Come buy everything you need for your residence hall.

Sunday, August 18

2:00 PM – 5:00 PM Club Expo (EVERYONE) Holmes Convocation Center

  Come learn about all the ways you can get involved on campus and in the Boone Community. There will be hundreds of student organizations represented. We highly recommend joining clubs that interest you and Club Expo is the place to start!

Monday, August 19

6:30 PM – 8:00 PM International Friendship Family Potluck (EVERYONE) Parkway Ballroom (PSU 420)

  This event is open to students who wish to participate in the International Friendship Program. You will meet your International Friendship Program Local Friends and get to know them while eating food prepared by the families.
**Tuesday, August 20**  
5:30 PM – 7:00 PM Tea Time with INTAPP (EVERYONE)  
Hawksbill Game Room (PSU 1st floor)  

Relax, play pool, and get to know members of INTAPP. Some snacks provided.

**Wednesday, August 21**  
5:00 PM – 6:00 PM Outdoor Programs session (EVERYONE)  
Three Top Mountain (PSU 169)  

Do you want to explore the outdoors this semester? Come to this session if you are interested in mountains, rivers, hiking, rock climbing, kayaking, rafting, biking, caving, or any other outdoor adventure. This is the session about all the Outdoor Programs that Appalachian has to offer.

**WELCOME WEEKEND ACTIVITIES**

**Friday, August 16 to Tuesday, August 21 – everyone!**

These are campus wide social activities that all of you are welcome and encouraged to attend. Please see the WELCOME TO APP 2019 schedule in your folder for a complete list of events. Highlights include dance parties, a midnight pancake breakfast, a movie night, lots of food and prizes, and much more. This is a great way to get to know Appalachian before classes start. Go have fun! More information at welcome.appstate.edu