

# Office of International Education and Development

APPALACHIAN STATE UNIVERSITY

## **POLICY ON HEALTH INSURANCE COVERAGE FOR INTERNATIONAL STUDENTS AND SCHOLARS**

1. All international students, undergraduate and graduate, attending Appalachian State University as degree-seeking students or exchange students are required to obtain health insurance through the Student Health Services. Students who wish to waive out of the requirement have to follow the approved process of [Student Health Services](#).
2. International students under the Exchange Visitor Program (J-1 visa holders) are required to maintain health insurance at all times, including summer breaks. This is a federal government regulation and failure to follow this regulation will result in termination of immigration document DS-2019. More information on this federal regulation can be found at the [Electronic Code of Federal Regulations](#)
3. International visitors (short-term scholars, professors, researchers) under the Exchange Visitor Program (J-1 visa holders) are required to maintain health insurance at all times while present at Appalachian State University. This is a federal government regulation and failure to follow this regulation will result in termination of immigration document DS-2019. Appalachian State registers international visitors in the university approved health insurance policy to assist in fulfilling this federal requirement and depending on the nature of the sponsorship, the international visitors may be responsible for the cost of the insurance. More information on this federal regulation can be found at the [Electronic Code of Federal Regulations](#)