IMPORTANT

IMMUNIZATION AND HEALTH RECORDS REQUIRED TO ATTEND APPALACHIAN

Dear Incoming International Student,

Welcome!

We at Appalachian State University Health Service look forward to serving your health needs while you are attending our university.  We understand that your health is a vital part of making your time here successful.  To aid in your success we need information from you about your health history.

By now, we hope you are aware of the required medical history form and immunizations requested by the university. These forms can be found on the Health Service web site at: http://healthservices.appstate.edu/forms.

Our goal is to receive this information PRIOR to your arrival on campus. Documentation of the immunizations needs to be clear and complete. This means having the month, day and year of when the immunizations were given.

Appalachian State University will withdraw you from the university if the immunization requirements are not met.

We realize that some of Appalachian’s requirements are different than your countries’ requirements and this may be confusing. However, that does not change the immunizations that are required for you here in North Carolina.  We understand that completing these requirements is not always possible in your home country. We can help complete any deficiencies in these requirements during your first weeks here at Appalachian.  You will be charged a fee for the necessary immunizations.

Cost of Vaccines that we administer:

Hepatitis B: $35
MMR: $60 (Measles, Mumps, & Rubella)
Tdap: $35 (Tetanus, diphtheria, & pertussis)
Tuberculin skin test (tst): free
IGRA test: Quanterferon Gold: $68
Chest X Ray: $42, if this is needed after a positive TST or IGRA lab result

Please Note: Prices are subject to change without prior notice!

We understand that email is not a secure way of communication. Unless you give us permission, we will not correspond in this manner.  We request that you either grant us the permission to discuss by email your medical history form and needed immunizations or that you call us to discuss (828-262-3100).  Our hours here are 8:00 am – 4 pm, Monday – Friday with the exception of beginning work on Wednesdays at 9:00 am.  Our immunization secretary, Andrea Tester (testerman@appstate.edu) or our immunization nurse, Jill Venable RN (venablejz@appstate.edu) will be available to help you.

Jill Venable RN
Lead Immunization Nurse
Appalachian State University Student Health Service
614 Howard St
Boone, NC 28608
IMMUNIZATION RECORDS need to include the following:

- your name
- Appalachian (ASU) Banner ID
- your date of birth (month/day/year format)
- the name, address and phone number of the doctor’s office providing the record.
- Nurse or clinicians signature

LAB REPORTS AND RADIOLOGY REPORTS: may be used to complete some requirements. If submitted then an official and complete report from the laboratory or the radiologist is necessary.

- These are generated from the lab or the radiologist
- They contain your name, birth date, the name address and phone number of the lab/radiologist.
- Lab work must contain numeric values for the normal range of the lab result
- Lab work must contain the numeric value for the client’s lab result.

REQUIRED IMMUNIZATIONS

- **Tetanus**: 3 doses from anytime in your life. The following also applies:
  - One dose of tetanus vaccine is required to have been received within the **last 10 years**.
  - An adult dose of a pertussis containing vaccine is required.
    - (Tdap: tetanus, diphtheria and pertussis(whooping cough)
- **Measles**: 2 doses given **after the student’s first birthday** and at least a month apart.
- **Mumps**: 2 doses given **after the student’s first birthday** and at least a month apart.
- **Rubella**: 1 dose **after the student’s first birthday**.
  - (An official lab report may be substituted for the measles, mumps or rubella requirements.)
    - This lab report should contain: See above for the requirements on an official lab report
- **Hepatitis B**: 3 doses at any time in the student’s life. This applies only if the student was born on or after July 1, 1994. A lab report showing immunity is **NOT acceptable** for this requirement.
- **Polio**: 3 doses. This applies only if the student is younger than 18 years of age.
- **Tuberculosis**: One of the following is indicated to fulfill this requirement:
  - A tuberculosis skin test (TST)
  - official lab report of a IGRA(Interferon-Gamma Release Assay)(quanteferon gold)
    - See above for the requirements on an official lab report
  - a radiologist report of a Chest X Ray completed **within the last 12 months**
    - See above for the requirements on an official lab report
  - For TB Skin Test (TST): The tb skin test results must be **recorded in mm**.
    - If the results are greater than 10 mm, a chest x ray or negative IGRA test is required.
    - If a Chest X Ray is done, we will need a copy of the radiologist report.
      - OR
    - An official lab report of an IGRA test for tuberculosis (quanteferon gold or T spot)
      - If this test is positive then a Chest X Ray is indicated. Please provide us with a copy of the official radiologist interpretation.
  - If you have a history of taking medication to treat active or latent tuberculosis, we need documentation of this.
  - Having received a vaccination for tuberculosis at any time in your life does not alter the requirement of getting a tuberculosis skin test.