

## International Student Orientation Schedule – Spring 2019

International Student Orientation is a 3-day event designed to help you transition to your life at Appalachian and in the U.S. You will spend the days with other new international students and Appalachian students learning about all the things you need to know to make sure your time here is both successful and enjoyable. **All sessions are mandatory unless noted in the schedule. No exceptions will be made.** Please take a moment to familiarize yourself with the schedule. Note: the location PSU is the Plemmons Student Union on campus. We look forward to welcoming you to Appalachian and helping you succeed academically and personally during your time here.

### Meals During Orientation

The Office of Student Development will provide 7 free meals for all new students between Wednesday, January 9 and Friday, January 11. You will be given a temporary meal card with money, which will be used to pay for your meals during orientation at Sanford Commons in the Roess Dining Hall. **This card can only be used at the Roess Dining Hall and only during orientation.** After Friday the 11<sup>th</sup> you will need to use your AppCard or cash to pay for meals. The Roess Dining Hall will be open until 7:00 PM on January 9, and from 7:00 AM to 9:00 PM on January 10 and 11.

### Arrival: Tuesday, January 8 – Arrival in Charlotte, NC

Representatives from Appalachian will be at Charlotte Douglas International Airport (CLT) from 10:00 AM to 11:00 PM to meet you and go with you to the hotel. Look for a sign with “Appalachian State University” and your name on it when you arrive.

**Important:** Make sure you have reserved a room at the Best Western Sterling Plus Hotel and Suites prior to your arrival. Spend the day resting and getting to know other new international students and current Appalachian students. There will be multiple trips to local restaurants throughout the day organized by INTAPP.

## Day 1: Wednesday, January 9 – Travel to Boone, NC

	<b>Location</b>
<b>7:00 AM – 8:00 AM</b> Breakfast (provided for free at the hotel)	Best Western Hotel
<b>8:00 AM – 8:30 AM</b> Check out of the hotel	Best Western Hotel
<b>Important: Make sure that your bags are packed and ready to be loaded onto the bus at 8:00 AM.</b>	
<b>8:30 AM</b> Bus departs the hotel for Boone.	
<b>11:00 AM</b> Arrive at Appalachian <i>Get your AppCard and then check-in to your residence hall</i>	Various Locations
<b>12:30 PM – 2:30 PM</b> Welcome Lunch and Reception	Linville Falls (PSU 226)
<b>2:30 PM – 3:00 PM</b> Student Union tour and activities w/ INTAPP	Leave from Linville Falls
<b>3:00 PM – 4:00 PM</b> Borrowed Item Donation	Linville Falls (PSU 226)
<b>4:00 PM – 5:30 PM</b> Trip to Walmart for Supplies <i>Travel to Walmart with local volunteers to get everything you might need for your first night in your residence hall. <b>IMPORTANT:</b> Please make sure you know what items you received from the borrowed item donation program and from your kitchen box provided by INTAPP before going to Walmart.</i>	Locust Street Circle
<b>6:00 PM – 7:00 PM</b> Dinner (optional) <i>You can choose to have dinner in the Dining Hall with your meal card. Remember that the dining hall closes at 7:00 PM today.</i>	Roess Dining Hall
<b>7:00 PM</b> Dinner – Restaurant Hops with INTAPP (optional) <i>INTAPP members will be organizing groups to eat at a variety of restaurants on King Street in downtown Boone. Please meet at the Locust Street Circle at 7:00 PM and you will walk to the restaurants together. Please note that your meal card will not work off campus.</i>	Leave from Locust Street Circle

## Day 2: Thursday, January 10

**IMPORTANT: You must bring your passport and I-20 or DS-2019 and all of your health/immunization records with you today.**

	<b>Location</b>
<b>7:30 AM – 8:15 AM</b> Breakfast	Roess Dining Hall
<b>8:30 AM – 9:30 AM</b> Check-In and Appalnet/ISSSO Portal Training <i>You will turn in your passports and I-20 or DS-2019 when you arrive.</i>	Computer Lab 134 (COE)
<b>9:30 AM – 10:30 AM</b> Health Services <i>Meet with representatives from the M.S. Shook Student Health Services to review your health and immunization records to make sure you are in compliance. They will also be available to answer any questions you have about health insurance and your general health/wellness during your time at ASU.</i>	Health Services
<b>10:45 AM – 12:00 PM</b> Campus and Community Resource Fair <i>This is your opportunity to speak to representatives from support services and resources from across campus and the community that will be beneficial to you.</i>	Gordon Gathering Hall (COE 124)

<b>12:00 PM – 1:00 PM</b> Lunch and tour of dining hall	Roess Dining Hall
<b>1:00 PM – 2:15 PM</b> F-1 Visa Regulations Session – Staying in Status	Gordon Gathering Hall (COE 124)
<b>1:00 PM – 2:15 PM</b> J-1 Visa Regulations Session – Staying in Status	Gordon Gathering Hall (COE 124)
<i>Learn about everything you need to know and do to ensure that you stay in legal status as a J-1 or F-1 student. Your passports and I-20s or DS-2019s will be returned at this time.</i>	
<b>2:15 PM – 2:45 PM</b> Coffee Break	Gordon Gathering Hall (COE 124)
<b>2:45 PM – 3:45 PM</b> Course registration information for exchange students	Gordon Gathering Hall (COE 124)
<b>3:45 PM – 5:00 PM</b> Tea Time with INTAPP (optional)	Hawksbill Game Room (PSU)
<b>7:00 PM</b> Basketball game (optional)	Holmes Convocation Center
<i>Come see the ASU team play against UT Arlington! Entry is free for students with App Card.</i>	
<b>5:30 PM – 9:00 PM</b> Dinner (optional)	Roess Dining Hall

### Day 3: Friday, January 11

	<b>Location</b>
<b>8:00 AM – 8:45 AM</b> Breakfast	Roess Dining Hall
<b>9:00 AM – 9:30 AM</b> Get Involved!	Library 421
<i>Learn about all of the ways you can share your culture and learn about U.S. culture at Appalachian.</i>	
<b>9:30 AM – 10:45 AM</b> Team Trivia: College Classroom Survival 101	Library 421
<i>Team up with your new friends for a game of trivia! Test your knowledge and learn what to expect in a U.S. classroom - winning team will get prizes. Hear tips and advice for academic success from an Appalachian State University professor.</i>	
<b>11:00 AM – 12:30 AM</b> Library Tour/Information Session and taco lunch	Library 421
<b>12:30 PM – 1:00 PM</b> Break	Roess Dining Hall
<b>1:00 PM – 2:00 PM</b> “The Appalachian Way” Student Conduct Session	Peacock Hall 3015
<i>Learn how to stay safe avoid potentially serious consequences of misconduct during your time at ASU.</i>	
<b>2:15 PM – 3:30 PM</b> U.S. Culture In and Out of the Classroom	Peacock Hall 3015
<i>In this fun and interactive session you will learn about many of the elements of U.S. culture that might be different than yours and develop skills and techniques that will help you thrive in your new culture.</i>	
<b>3:30 PM – 5:00 PM</b> Registration help at OIED (Optional, only for exchange students)	Bass Lake (PSU 321)
<i>Representatives from OIED will be available to help you with your course schedule and answer your questions on a walk-in basis. This is only for exchange students who have questions or concerns about their course schedule. You can also attend walk-in hours every Wednesday from 1-4pm.</i>	
<b>3:30 PM – 5:00 PM</b> Phone/Banking (Option, you must sign up ahead of time)	Peacock Parking Lot
<i>Community members will take you to phone companies and to set up local bank accounts if you wish.</i>	
<b>7:00 PM – 9:00 PM</b> Sports night with INTAPP (optional)	Quinn Center
<i>Come have fun and see athletic facilities available to students. You must have your AppCard to enter.</i>	

## **Saturday, January 12 – optional**

**1:00 PM** Basketball game

Holmes Convocation Center

*Come see the ASU team play against Texas State! There will be a social at 1:00 PM and the game starts at 2:00 PM. Entry is free for students with App Card.*

## **Monday, January 14 – everyone!**

**6:00 PM – 7:30 PM** International Friendship Family Potluck

Blue Ridge Ballroom (PSU 420)

*This event is open to students who wish to participate in the International Friendship Program. You will meet your International Friendship Program Local Friends and get to know them while eating food prepared by the families.*

## **Wednesday, January 16 – everyone!**

**5:00 PM – 6:00 PM** Outdoor Programs session

Bass Lake (PSU 319)

*Do you want to explore the outdoors this semester? Come to this session if you are interested in mountains, rivers, hiking, rock climbing, kayaking, rafting, biking, caving, or any other outdoor adventure. Beginners welcome, no experience necessary. This is the session about all the Outdoor Programs that Appalachian has to offer.*

**NOTE: Monday, January 21 is a holiday to celebrate Martin Luther King Day. Most campus offices will be closed on this day.**

*The MLK Challenge will take place today! Learn more and register at [act.appstate.edu/mlk](http://act.appstate.edu/mlk).*

## **Wednesday, January 23 – everyone!**

**11:00 AM – 2:00 PM** Club Expo

Plemmons Student Union

*Come learn about all the ways you can get involved on campus and in the Boone Community. There will be over 300 organizations represented. We highly recommend joining clubs that interest you and Club Expo is the place to start!*

**Welcome to Appalachian! We are so glad you are here and hope you enjoy the semester!**

**Please contact Adam, Lindsay and Karen (The ISSSO Team) at [issso@appstate.edu](mailto:issso@appstate.edu) whenever you have questions or concerns.**